


September 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<u>1</u>	<u>2</u> Mini & Sr practice 5:30 – 8:00pm Open team practice 8pm – 10pm	<u>3</u> <u>Amherst – 4:30 – 6:30</u> <u>CheerTech 8pm – 9pm</u>	<u>4</u> <u>Gym Closed</u>	<u>5</u> <u>Tumbling</u> 10:30 – 11:30 Beginner 11:30 – 12:30 Intermediate
<u>6</u> Fantasy Island 12:00pm – 3:00pm (we will meet at the front gate at 11:30) <u>Labor day weekend!</u> <u>No open gym</u>	<u>7</u> Labor Day NO PRACTICE !!!	<u>8</u> First day of school!  <u>LHS 6:30 – 9pm</u>	<u>9</u> Mini & Sr practice 5:30 – 8:00pm Open team practice 8pm – 10pm	<u>10</u> <u>Amherst – 4:30 – 6:30</u> <u>CheerTech 8pm – 9pm</u> <u>LHS 6:30 – 9pm</u>	<u>11</u> <u>Gym Closed</u>	<u>12</u> <u>JV LHS 9 – 11:30</u> <u>Tumbling</u> 10:30 – 11:30 Beginner 11:30 – 12:30 Intermediate
<u>13</u> <u>Open gym 12 – 3:30</u>	<u>14</u> Mini & Sr practice 5:30 – 8:00pm	<u>15</u> <u>LHS 6:30– 9pm</u>	<u>16</u> Mini & Sr practice 5:30 – 8:00pm Open team practice 8pm – 10pm	<u>17</u> <u>Amherst – 4:30 – 6:30</u> <u>CheerTech 8pm – 9pm</u> <u>LHS 6:30 – 9pm</u>	<u>18</u> <u>Gym Closed</u>	<u>19</u> <u>JV LHS 9 – 11:30</u> <u>Tumbling</u> 10:30 – 11:30 Beginner 11:30 – 12:30 Intermediate
<u>20</u> <u>Open gym 12 – 3:30</u>	<u>21</u> Mini & Sr practice 5:30 – 8:00pm	<u>22</u> <u>LHS 6:30 – 9pm</u>	<u>23</u> Mini & Sr practice 5:30 – 8:00pm Open team practice 8pm – 10pm	<u>24</u> <u>Amherst – 4:30 – 6:30</u> <u>CheerTech 8pm – 9pm</u> <u>LHS 6:30 – 9pm</u>	<u>25</u> <u>Gym Closed</u>	<u>26</u> <u>JV LHS 9 – 11:30</u> <u>Tumbling</u> 10:30 – 11:30 Beginner 11:30 – 12:30 Intermediate
<u>27</u> <u>Open gym 12 – 3:30</u>	<u>28</u> Mini & Sr practice 5:30 – 8:00pm	<u>29</u> <u>LHS 6:30 – 9pm</u>	<u>30</u> Mini & Sr practice 5:30 – 8:00pm Open team practice 8pm – 10pm <u>ZAP A SNACKS</u> Pick up orders at 5:30 – 7:00	<u>Amherst – 4:30 – 6:30 thru FEB, all Thursday's</u>		