

AC Stars Sign UP

Cheerleaders must maintain a grade average of 70% to tryout and continue as an AC Star. Schools are sent rosters for update information.

1. Name: _____

Address: _____

Phone No: _____ - _____ - _____

Age as of May 31st 2009 _____ D.O.B. _____

2. Team trying out for.

AC Red Stars. Ages 5 to 9 _____

AC White Stars. Ages 9 to 11 _____

AC Blue Stars. Ages 12 to 15 _____

AC Shooting Stars. Ages 15 to 18 _____

3. Brief description of Cheerleading ability.

4. If you are a returning Star Cheerleader, which team did you cheer for last season.

5. Medical History:

Medications presently taking.

Any condition that may restrict any aspect of cheerleading. Yes____ No____

If so please explain.

The Board from time to time for safety and health issues will set restrictions as deemed necessary. Cheerleading is a mental and physically challenging team sport. Each Cheerleader must be able to endure and perform strenuous physical challenges; Stars will take steps to assure the opportunities are in place for the well being of all our participants. We will not discourage any qualified individual from trying out. There will be a panel of independent judges with a pre-designed score sheet to evaluate anyone trying out. A certain level of points is needed to be considered for a spot as an AC Star.